

Growth, Development, Nutrition & Ageing Module – 2011/12 Batch (Year 1 Semester II)

FINAL Time Table – 03rd October, 2013

Week 1

Time					Day 01 Friday 29.11.2013
8.00 – 9.00					Introduction to Growth & development 2011-1/SBM-6/01 Obj: 1 - 4 Lecture Dr. RMM
9.00 - 10.00					Introduction to Growth & development 2011-1/SBM-6/01 Obj: 5 Lecture Head/ Biochemistry
10.15 – 11.15					Cell Growth 2011-1/SBM-6/02 Lecture - 1 Head/ Biochemistry
11.15 – 12.15					Prenatal growth 2011-1/SBM-6/03 Lecture Head/ Gyn. & Obs.
12.15 – 1.15	LUNCH BREAK				
1.15 – 2.15					Imaging of prenatal growth 2011-1/SBM-6/04 Obj: 03 Lecture Head/ Radiology
2.15 – 3.15					Cell Growth 2011-1/SBM-6/02 Lecture - 2 Head/ Biochemistry
3.15 – 4.15					Prenatal growth 2011-1/SBM-6/04 Obj: 01 & 02 Lecture Head/ Biochemistry

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Week 2

Time	Day 02 Monday 02.12.2013	Day 03 Tuesday 03.12.2013	Day 04 Wednesday 04.12.2013	Day 05 Thursday 05.12.2013	Day 06 Friday 06.12.2013
8.00 – 9.00	Prenatal growth 2011-1/SBM-6/04 Obj: 04 Lecture Head/ Biochemistry	CLR English ELTU	Postnatal growth & development 2011-1/SBM-6/05 Obj: 5,6 - 11 Lecture – 3 & 4 Head/ Anatomy	Postnatal growth & development 2011-1/SBM-6/07 Obj: 7,12,13,14 Lecture – 5 & 6 Head/ Anatomy	Nutrition 2011-1/SBM-6/21 Lecture – 1 Head/ Com. Medicine
9.00 - 10.00	New born baby 2011-1/SBM-6/05 Lecture Dr. RMM	Postnatal growth & development 2011-1/SBM-6/07 Obj: 1,2,3 & 4 Lecture – 1 & 2 Head/ Anatomy			Abnormal growth patterns 2011-1/SBM-6/09 Obj: 1 - 4 Lecture – 1 & 2 Dr. RMM
10.15 – 11.15	DIS Standerdization of mortality rates Lecture Dr. DSD	Why living beings have to eat 2011-1/SBM-6/17 Lecture - 1 Head/ Biochemistry	Abnormal sexual development 2011-1/SBM-6/14 Lecture Dr. RMM	11.15 – 12.15	
11.15 – 12.15	12.15 – 1.15				LUNCH BREAK
1.15 – 2.15	Normal growth & growth charts 2011-1/SBM-6/08 Lecture Demonstration Dr. RMM	Normal development 2011-1/SBM-6/11 Lecture Demonstration Dr. RMM	Special English class for selected students/ Sinhala class for Bhutanese students	Normal sexual development 2011-1/SBM-6/13 Lecture – 1 & 2 Dr. RMM	Radiological assessment of bone age 2011-1/SBM-6/07 Obj: 15 Lecture Head/ Radiology
2.15 – 3.15	Abnormal growth patterns 2011-1/SBM-6/09 Lecture – 1 & 2 Head/ Biochemistry	Why living beings have to eat 2011-1/SBM-6/17 Lecture – 2 & 3 Head/ Biochemistry			Abnormal development patterns 2011-1/SBM-6/12 Lecture Demonstration Dr. RMM
3.15 – 4.15					

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Week 3

Time	Day 07 Monday 09.12.2013	Day 08 Tuesday 10.12.2013	Day 09 Wednesday 11.12.2013	Day 10 Thursday 12.12.2013	Day 11 Friday 13.12.2013	
8.00 – 9.00	Psychosocial factors in food selection 2011-1/CLM-10/01 Lecture - 1 Head/ Psychiatry	CLR English ELTU	Postnatal growth 2011-1/SBM-6/09 PD Head/ Biochemistry & All Biochemistry staff (Group 1 – 10) Biochemistry Laboratory	SGL (Groups 11 – 13)	Diet and nutrient intake 2011-1/SBM-6/22 Lecture – 3 & 4 Head/ Biochemistry	Postnatal growth 2011-1/SBM-6/09 PD Head/ Biochemistry & All Biochemistry staff (Group 11 – 20) Biochemistry Laboratory SGL (Groups 1 - 10)
9.00 - 10.00	Do you eat enough 2011-1/SBM-6/18 Lecture –3 Head/ Biochemistry	Nutrition 2011-1/SBM-6/21 Lecture – 2 Head/ Com. Medicine				
10.15 – 11.15	DIS Life and quality of life Lecture Dr. DSD	Food, food intake and factors affecting growth & development during life 2011-1/SBM-6/19 Obj: 1 Lecture Head/ Biochemistry	Relevance of learning nutrition 2011-1/SBM-6/20 Lecture Demonstration - 1 Dr. RMM	Diet and nutrient intake 2011-1/SBM-6/22 Lecture – 1 Head/ Biochemistry		
11.15 – 12.15	Relevance of learning nutrition 2011-1/SBM-6/20 Lecture Demonstration - 1 Dr. RMM	Diet and nutrient intake 2011-1/SBM-6/22 Lecture – 1 Head/ Biochemistry			LUNCH BREAK	
12.15 – 1.15	Relevance of learning nutrition 2011-1/SBM-6/20 Lecture Demonstration - 2 Dr. RMM	Diet and nutrient intake 2011-1/SBM-6/22 Lecture – 2 Head/ Biochemistry	Special English class for selected students/ Sinhala class for Bhutanese students	Nutrition 2011-1/SBM-6/21 Lecture – 3 Head/ Com. Medicine	Postnatal growth & development 2011-1/SBM-6/07 PD (Group 1- 6) Head/ Anatomy & All Anatomy staff SGL (Groups 7 – 20)	
1.15 – 2.15	Why living beings have to eat 2011-1/SBM-6/17 SGD Head/ Biochemistry & All Biochemistry staff	Postnatal growth & development 2011-1/SBM-6/07 PD (Group 7- 13) Head/ Anatomy & All Anatomy staff SGL (Groups 1 – 6 & 14 - 20)				CCR - I
2.15 – 3.15	Why living beings have to eat 2011-1/SBM-6/17 SGD Head/ Biochemistry & All Biochemistry staff	Postnatal growth & development 2011-1/SBM-6/07 PD (Group 7- 13) Head/ Anatomy & All Anatomy staff SGL (Groups 1 – 6 & 14 - 20)	SGL	CCR - I	SGL	
3.15 – 4.15						

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Week 4

Time	Monday 16.12.2013	Day 12 Tuesday 17.12.2013	Day 13 Wednesday 18.12.2013	Day 14 Thursday 19.12.2013	Day 15 Friday 20.12.2013
8.00 – 9.00	PUBLIC HOLIDAY	CLR English ELTU	Principles of causation of Malnutrition – I & II 2011-1/SBM-6/23 Lecture Dr. RMM	Special nutritional requirements of elderly 2011-1/SBM-6/16 Obj: 2 Lecture Head/ Biochemistry	Do you eat enough 2011-1/SBM-6/18 SGD Head/ Biochemistry & All Biochemistry staff
9.00 - 10.00		Psychosocial factors in food selection 2011-1/CLM-10/01 Lecture - 2 Head/ Psychiatry		Ageing – The process among females 2011-1/SBM-6/16 Obj: 3-4 Lecture Head/ Gyn. & Obs.	
10.15 – 11.15		DIS Problem solving session in demography Lecture Dr. DSD	Cellular & tissue changes in ageing 2011-1/SBM-6/15 Obj: 05 & 6 Lecture – 1 & 2 Head/ Biochemistry	CLR Medical Statistics Lecture Prof. SD	Food, food intake and factors affecting growth & development during life 2011-1/SBM-6/20 Student Seminar Head/ Biochemistry
11.15 – 12.15		Nutrition 2011-1/SBM-6/21 Lecture – 4 Head/ Com. Medicine			
12.15 – 1.15		LUNCH BREAK			
1.15 – 2.15	PUBLIC HOLIDAY	Ageing 2011-1/SBM-6/15 Obj: 1 - 4 Lecture – 1 & 2 Head/ Physiology	Special English class for selected students/ Sinhala class for Bhutanese students	Ageing 2011-1/SBM-6/16 Obj: 1 Staff Seminar Head/ Medicine, Head/ Biochemistry & Head/ Com. Medicine	CCR - II
2.15 – 3.15					
3.15 – 4.15		SGL	Discussion on CCR Lecture Dr. RMM	Food intake during pregnancy and lactation 2011-1/SBM-6/19 Lecture Head/ Gyn & Obs.	CCR – Round up session 2011-1/SBM-6/24 Lecture Dr. RMM

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Venue for Lectures/ Staff Seminar/ Student Seminar:

Mornings – Physiology Lecture Theatre

Afternoons – West Lecture Theatre

CCR (Clinical Case for Relevance) : ELTU tutorial rooms

Names and the departments of the teachers involved in the teaching programme:

Dept. of Paediatrics

Dr. RMM - Dr. R.M. Mudiyanse

Dept. of Anatomy

Prof. MSC - Prof. Malkanthi Chandrasekera

Dept. of Biochemistry

Prof. RS - Prof. R. Sivakanesan
Prof. JGSR - Prof. J.G.S. Ranasinghe
Dr. PHPF - Dr. P.H.P.Fernando
Dr. HKIP - Dr. H.K.I. Perera

Dept. of Gyn. & Obs.

Dr. AK - Dr. A. Karunananda
Dr. CR - Dr. C. Ratnayake

Dept. of Community Medicine

Dr. JPS - Dr. J.P. Suraweera

Dept. of Physiology

Dr. NSK - Dr. N.S. Kalupahana

Dept. of Psychiatry

Dr. PG - Dr. P. Ginige

Dept. of Radiology

Dr. SR - Dr. S. Rosairo

CLR

Dept. of Community Medicine

Prof. SD - Prof. S. Dharmaratne

DIS

Dept. of Community Medicine

Dr. DSD - Dr. D.S. Dissanayake

Module coordinator : Prof. J.G.S. Ranasinghe, Dept. of Biochemistry (Tel # 6328, email: shirani05@yahoo.com)